



Hartlepool Burn Road Harriers & AC

Established 1895

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Old Monks 6

Sunday 21st February 2010

11:00 am



Multi Terrain Race



Start/Finish, Hart Village Hall, Hart, Nr Hartlepool
Held under UKA rules. License Applied For.

Undulating course through woods and fields, on public footpaths and bridleways.

Prizes in Male, Female, Senior and Veteran categories. Prizes reflecting on the race entries.
Presentation in the Village Hall after the race. Minimum age 15 years on the day of the race.

Pre-Race Entries - £5.00 Club - £7.00 Unattached
Entries on the day add £1

Name	Male	Female	Date of Birth
Address	Contact No(s)		
UK Athletics Club (if any)	England Athletics Membership No.		
Email Address for Results	For Posted Results add *80p	Tick	
I declare that I am an amateur as laid down by UK Athletics Rules. I am medically fit to take part in this race. I understand that the organisers will in no way be held responsible for any injury, illness or losses due to my participation in this race.			
Signed	*Total Monies Included £ inc. Posted Results		

Cheques to be made payable to 'Hartlepool Burn Road Harriers'

Send entries with a S.A.E. (size A5) to:

David Johnson, Old Monks 6, 49 Grays Road, Stockton-on-Tees, Cleveland, TS18 4LL. Tel: 01642 895224.

Closing Date of Postal Entries: 17th February 2010